

# MWPS Newsletter



*Respect*

*Excellence*

*Pride*

23<sup>rd</sup> June 2016

**24<sup>th</sup> June**

- Last Day of Term 2
- Early Dismissal at 2.15pm

**2<sup>nd</sup> July**

- Federal Election Polling Station
- BBQ Fundraiser

**11<sup>th</sup> July**

- Term 3 begins

**13<sup>th</sup> July**

- 2017 Prep Information & Tour (12.15)

**14<sup>th</sup> July**

- 2017 Prep Information & Tour (9.15)

**15<sup>th</sup> July**

- Athletics Carnival

**26<sup>th</sup> July**

- Reports go home

**27<sup>th</sup> & 28<sup>th</sup> July**

- Parent / Teacher Interviews

Notes Home

**Grade 1/2**

- Sleepover & Activity Day

**Grade 6OL**

- LSL letter

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*Principal's & Assistant Principal's Report...*

**TOMORROW**

**Last Day of Term 2 - Early Dismissal at 2.15pm**

**MWPS New School Value, Resilience, launched today**

Today we had lots of fun learning all about Resilience. The Grade 6 students did a super job running ball activities, with the Resilience theme "bounce forward & bounce back".

Teachers will continue to explicitly teach students about Resilience for the remainder of the year.



**Refugee Week**

**This week is Refugee Week**

On Monday the Grade 3,4,5 & 6 children came together to celebrate World Refugee Day.

The students watched some short video clips about Refugees and then they heard from 3 children at our school who have had to flee their homeland and come to Australia to be safe.

Mildura City Councillor, Jill Joslyn (Arts & Culture Portfolio) spoke to the children about the importance of people from all cultures, respecting and getting to know each other, so we can live harmoniously.

Refugee Week aims to raise awareness about the issues affecting refugees and celebrate the positive contributions made by refugees to Australian society. Originally celebrated in 1986.

The theme for Refugee Week for 2015 to 2017 will be "With courage let us all combine". Taken from the second verse of the national anthem, the theme celebrates the courage of refugees and of people who speak out against persecution and injustice. It serves as a call for unity and for positive action, encouraging Australians to improve our nation's welcome for refugees and to acknowledge the skills and energy refugees bring to their new home.

**Happy Holidays**

I would like to wish everyone a Happy Holiday.

Enjoy time with your children - perhaps you won't have to rush around so much for 2 weeks.

Hope you have time to play a board game or curl up and watch a movie together.

**PLEASE NOTE - NO ASSEMBLY FRIDAY**

*From Anne & Luke*

## **BUILDING RESILIENCE**

### **Everybody's life has ups and downs**

Children need to build resilience skills to be able to both enjoy good times and deal with hard times. Helping children learn how to manage life's ups and downs and build their coping skills supports their mental health and wellbeing now and into the future. Feeling good protects mental health and wellbeing.

Did you know that experiencing positive emotions such as joy, pleasure and having fun are essential experiences for building and maintaining a healthy mind across our whole lives?

### **Skills and qualities that help children cope with life's ups and downs**

- Trust - that the world is safe and that there are caring people to help them.
- Belief - in their ability to do things for themselves and achieve their goals.
- Feeling good - about themselves and feeling valued for who they are by their parents and carers.
- Optimism – that things generally turn out well.
- Regulation - Ability to manage their feelings, thoughts and behaviours.

Children develop these skills and qualities and learn to keep a balance over time, initially through their experiences in coping with small stresses with help from supportive adults. When bigger stresses come along, even though at first they might feel quite distressed, children can draw on what they have learned about helping themselves to cope and feel better. Looking to others for support continues to be an effective way of coping.

### **How are your child's resilience skills developing?**

Resilience is the ability to cope with life's ups and downs. Children's resilience is enhanced when they:

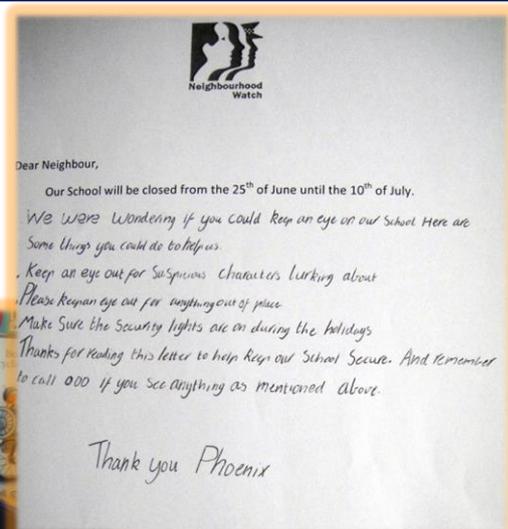
- are loved by someone unconditionally
- have an older person outside the home they can talk to about problems and feelings
- are praised for doing things on their own and striving to achieve
- can count on their family being there when needed
- know someone they want to be like
- believe things will turn out all right
- have a sense of a power greater than themselves
- are willing to try new things
- feel that what they do makes a difference in how things turn out
- like themselves
- can focus on a task and stay with it
- have a sense of humour
- make goals and plans, both short and longer term.



### **Forensic Science**

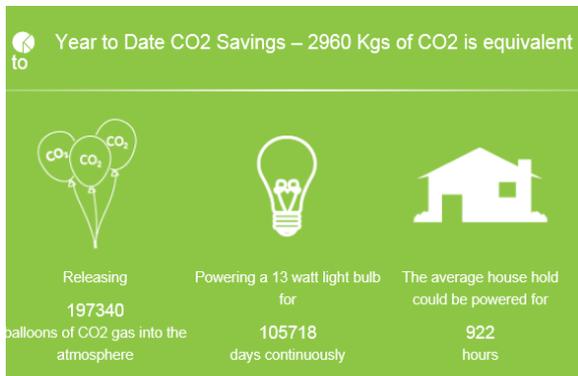
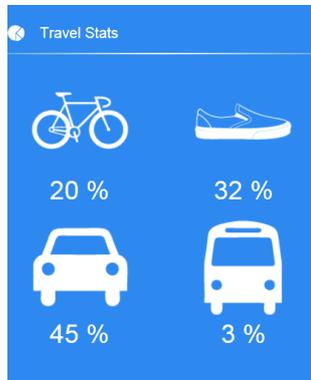
During Forensic Science the Year 6 students learnt about the importance of 'Holiday Safety' with Joe Clarke. This session included proactive ideas to save people the heartache of having their homes burgled while being away on holidays. Joe stressed the importance of neighbours working together, keeping letter boxes free of junk mail, locking everything, even leaving a light on and everything put away.

To make this a very authentic task all the students hand wrote a letter to go in letterboxes as part of Neighbourhood Watch with the request to keep an eye on the school over the holidays. Joe said a handwritten letter will have far more impact on householders and they will read it rather than him typing one as that would go straight in the bin!



## WALKING BUS and 'HANDS UP' DATA

Our Walking Bus had 5 walkers and 6 people on bikes and scooters. Coming to school on the Walking Bus gives your child a chance to practice the road rules and clarify any rules with the police that they are not sure about. Thank you to Mrs. Elle King for being our 'driver' and the police and Neighbourhood Watch for supporting this program. The Walking Bus will be back next term on Friday 29th July.



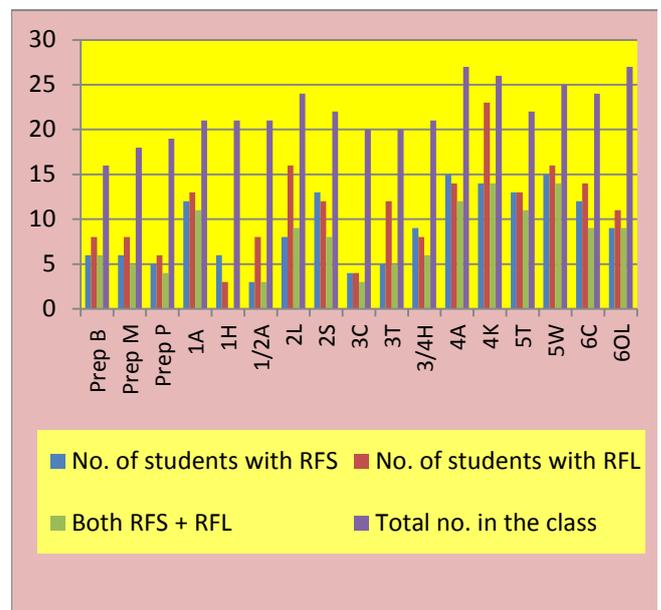
Our Hands Up data collected on Friday 18<sup>th</sup> June shows how much CO<sub>2</sub> our school is saving from going into the atmosphere.

## Rubbish Free Wednesday

For Term 3 we have had an average of 84 people who are rubbish free for snack and lunch every day. Our lucky winner of the \$5:00 canteen voucher is Kayla Higgins 2S. Kayla is rubbish free every day!

3 <sup>rd</sup> place	5T	50% of the class rubbish free for both snack and lunch
Equal 2 <sup>nd</sup> place	1A 4K	53% of the class rubbish free for both snack and lunch

**Our back to back WINNER CONGRATULATIONS 5W 56% OF THE CLASS RUBBISH FREE**



**Powercor AUSTRALIA TOUR de DEPOT**

**FREE Community Festival** to follow the ride with entertainment for the whole family!

First 50 families to register receive a **BONUS Fitbit Flex**

**MILDURA**  
**SUNDAY 21 AUGUST 2016**

Register now at [www.tourdedepot.com.au](http://www.tourdedepot.com.au)

**YOUR VOTE COUNTS**



The federal election takes place on Saturday 2<sup>nd</sup> July 2016.

An official polling station will be held in our School Gym on Cypress Ave.

Our School Council will be holding a sausage sizzle at the school on the day.

## **Mildura Schools Lands Trust**

**EACH YEAR OUR SCHOOL IS ALLOCATED A PRO RATA SHARE OF THE INCOME FROM THE MILDURA SCHOOLS LANDS TRUST LEASES (FORMERLY MILDURA COLLEGE LEASE)**

**LAST YEAR OUR SCHOOL RECEIVED \$58,876.19**

With this money our school purchased iPads for the use at school by our year one's and two's, Data Projectors for classrooms. Without this Trust money and the money we receive annually from the Trust this purchase and other important purchases would not have been possible.

**THIS IS AN IMPORTANT TRUST FOR OUR SCHOOL AND YOUR CHILDREN.**

What is the Mildura Schools Lands Trust? (MSLT)

Over 100 years ago the Chaffey brothers set about establishing a Trust to assist the establishment of an Agricultural college in our town. An act of parliament was enacted to protect the Trust for the benefit of students in the Sunraysia area in 1916. In 2010 this legislation was consolidated into the Education act.

There are now 29 Government and Non-Government schools that benefit annually from the lease payments from the 183 pieces of land set aside by the Chaffey brothers. There are currently over 9500 students who benefit directly from this Trust in our area.

The Trustee is the Minister for Education in Victoria. As a Trustee, The Minister has legislative responsibilities to ensure that our Trust is managed appropriately.

The Trust managers are Sandhurst Trustees who manage all lease payments and the distribution of the money annually to schools.

There is a Beneficiaries Committee made up of representative from the Primary and Secondary Government and Non-Government schools who benefit from the Trust. Their primary role is to advocate for the trust and ensure the continuation of ongoing benefits of the Trust to current and future students in the 29 schools in our local area.

This committee meet regularly to look at possibilities for improving the performance of the Trust. They have arranged meetings with leaseholders, the Minister for Education, Sandhurst Trustees, MRCC and other relevant government departments.

A Pamphlet about the Trust will be distributed to all families in a later edition of our Newsletter.